



CAMPUS WITH A CONSCIENCE

August 2023 | Issue #10

Dear Colleagues,

We are pleased to be sharing with you the latest Campus With A Conscience e-Bulletin.

Thank you to those who have been continuously contributing to the sustainability efforts across Sunway College and Sunway University.

The latest bulletin covers the sustainability efforts of clubs & societies, schools and departments from all across our #MostHappeningCampus.

This month's edition leads with the an insightful session from the globally renowned Professor Muhammad Yunus who was presenting at Sunway University's as part of the Campus With A Conscience Webinar Series. He talked about the World of 3 Zeros: zero net carbon emissions to combat climate change, zero wealth concentration to eradicate poverty, and zero unemployment by fostering entrepreneurship opportunities for all.

In addition, Sunway School of Arts BA (Hons) in Communications students just launched the "Stress-less Sunway Campaign" to promote healthy ways in dealing with this challenge, as well as highlighting ways to improve mental health and well-being.

Thank you for taking your time to read through the CWAC eBulletin and please do feel free to share our Campus With a Conscience updates with all your family, friends and associates.

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EDUCATION

World of 3 zeros with Prof. Muhammad Yunus

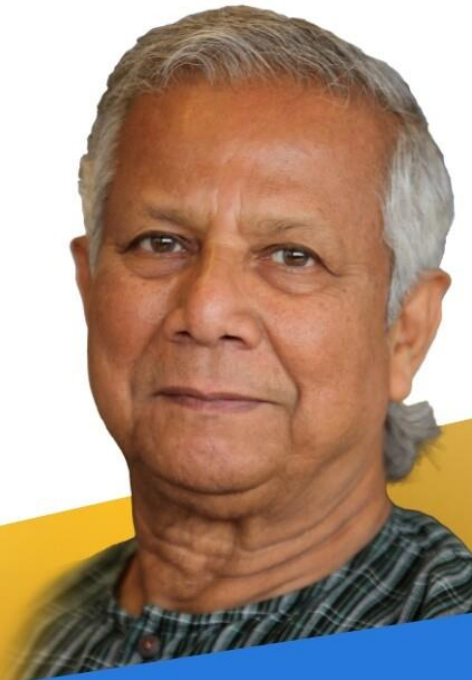


Entrepreneurship for a Better World

Achieving The Three Zeros Agenda

31 July 2023, 3pm - 4pm

JC 2, Level 1, Sunway University



Prof. Muhammad Yunus

Nobel Peace Laureate 2006

Join us for an insightful session at Sunway University's Campus With A Conscience Webinar Series. Our notable speaker, Professor Muhammad Yunus will be present to talk about the World of 3 Zeros: zero net carbon emissions to combat climate change, zero wealth concentration to eradicate poverty, and zero unemployment by fostering entrepreneurship opportunities for all.

This webinar is for everyone who wants a brighter and more sustainable future for generations to come. Scan the QR code to register or join us live on Facebook via this link

<https://www.facebook.com/events/s/cwac-series-entrepreneurship-f/1369883580406238/>

Together, we can do better!

[#CampusWithAConscience](#) [#SustainabilityMatters](#) [#PlanetaryHealth](#) [#AClassabove](#) [Yunus Centre](#)
[Grameen Foundation](#)

Stress-less Sunway Campaign

The launch of the "Stress-less Sunway Campaign" organised by our Sunway School of Arts, BA (Hons) in Communications students brought relief and relaxation to campus 🙌🕒!

Curated by Sunway School of Arts students to introduce and promote healthy ways to deal with stress and improve mental health and well-being, this programme also aims to teach students how to deal with college and university life stresses by giving them practical stress-relieving tips and tricks such as mindfulness exercises 🧘, time management strategies 🕒, and relaxation techniques 🌸.

[#CampusWithAConscience](#) [#StresslessSunway](#) [#MentalHealth](#)













Campus With A Conscience: Cultivating A Giving Generation

Campus With A Conscience: Cultivating A Giving Generation was organised by Student LIFE in collaboration with our Sunway Student Leadership Bodies, this month-long festival of events and activities aims to inculcate the Heart of Giving in youth by giving back through the 3 pillars of Time, Talent & Treasure (3Ts).











Sustainable Practices in Emerging Economies: Malaysia and Vietnam



A three-day online event titled "Sustainable Practices in Emerging Economies" brought together students from Sunway University, Malaysia, and Ton Duc Thang University, Vietnam, to delve into the realm of sustainability and cultural exchange. Held on the 13th, 14th, and 16th of June 2023, this engaging programme provided participants with valuable insights into sustainable practices in Malaysia and Vietnam while fostering cross-cultural connections.

Over the course of the event, more than 50 students from Sunway University and Ton Duc Thang University engaged in a variety of activities designed to enhance their understanding of sustainable practices. Through expert lectures, participants gained knowledge about sustainable approaches employed in specific sectors such as fashion and education in both countries. Working collaboratively in groups, the students shared their own findings and engaged in discussions, exploring potential solutions to sustainability challenges faced by Malaysia and Vietnam.

The programme not only focused on sustainability but also highlighted the cultural differences and similarities between Malaysia and Vietnam. Students had the opportunity to interact and forge international friendships, broadening their perspectives and fostering cross-cultural understanding. The event provided an enriching platform for knowledge exchange and cultural exploration.

This successful programme was a collaborative effort between Ton Duc Thang University, Vietnam, Sunway Business School's Department of Management, and Sunway Cultural Exchange. Through their joint initiative, these institutions offered a unique opportunity for students to develop a deeper appreciation for sustainable practices, gain insights into emerging economies, and foster connections that transcend borders.

In conclusion, the three-day online event on sustainable practices and cultural exchange proved to be an impactful and transformative experience for the participating students. By blending expert insights, group discussions, and cross-cultural interactions, the programme not only enhanced their understanding of sustainability challenges but also created meaningful connections and friendships. Such initiatives serve as stepping stones towards a more sustainable and interconnected future.

Special Olympics 2023

Sunway University was selected as the venue host for the Special Olympics Malaysia (SOM) Team send-off ceremony as they embarked on their journey to Berlin World Games 2023. The event was graced by the presence of YB Hannah Yeoh, Minister of Youth and Sports, Law Saw Yin, President of Special Olympics Malaysia and Professor Dato' Dr Elizabeth Lee, Group CEO of Sunway Education Group, as well as athletes, families, coaches, and volunteers who gathered to express their support and best wishes for the Malaysian athletes.











Sunway Student Volunteers: The Lost Food Project

Today, approximately 1.4 billion tons of food is wasted each year in Malaysia! This food waste could have fed 1.4 billion people instead, so it's a HUGE issue that we need to address! 🗑️

Five SSV volunteers joined The Lost Food Project to reduce food waste on a Thursday night. We helped to load unsold vegetables 🥦 and fruits 🍌 into TLFP truck while learning about preservation techniques. Through this cause, the unsold food will then go to those in need!

Saving food is not only beneficial for the environment but also for people who are starving. Let's all do our part to reduce food waste and make the world a better place, one bite at a time! ✨🍌

Are you passionate about making the world a better place? Join our events through your Imail today!



[#SPARKS2023](#)

[#CampusWithAConscience](#)

[#SunwayCares](#)

[#MostHappeningCampus](#)

[#EveryoneCanMakeADifference](#)

[#Environment](#)









Sunway MS Walk 2023

Sunway MS WALK 2023 was organized by the Rotaract Club of Sunway University, collaborating with the Rotary Club of Bandar Sunway and Multiple Sclerosis Society. 🤝 It aims to raise funds for the Multiple Sclerosis Society in Malaysia and also spread awareness of Multiple Sclerosis (MS), promoting the ideology of “Walk to Create Hope” ✨☀️

There were 60 volunteers, some volunteers were assigned as road marshalls and walk usherers to ensure the walk can be done smoothly. 🚶🚶 At the same time, booth volunteers were stationed at the observation deck and boulevard to carry out a series of activities for the participants to let them know more about MS. Our volunteers and the participants enjoyed the games and activities so much such as trivia game and ice bucket challenge.

[#SPARKS2023](#)

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[#Health](#)









