

CLERICAL DEVELOPMENT WORKSHOP FOR SUNWAY COLLEGE STAFF

In line with TQM (Total Quality Management), Ms Helen Lee of Sunway College Human Resource Department, organised a workshop for our clerical staff.

Sixteen (16) clerical staff attended a two-day workshop on 24th May and 21st June. Topics covered during the two full-day sessions were time management, positive work attitude, stress management, relaxation techniques, creative problem solving, discussion on issues of interest and concerns regarding workplace commitments, among others. *Whew!*

The workshop was conducted by Associate Professor T Vasudevan. Some participants said the relaxation techniques topic was the most interesting as they did not know it is just as important to relax to enable one to work harder!



One for the album



Role play!